

ORAL PRESENTATION

Open Access

# Supporting families and carers during the inpatient admission

Michelle Roberts\*, Michelle Hamlin

From 2013 ANZAED Conference: Inspiring Change: Person and Context  
Melbourne, Australia. 23-24 August 2013

The Royal Brisbane and Women's Hospital Eating Disorder Unit is a Room: State wide public specialist service providing high quality support and intervention to adults requiring an inpatient admission to treat eating disorders.

Family members and carers play a significant role in providing support for their loved one both in the community and during inpatient admissions. A gap in service delivery was noted in the provision of support to families and carers during the inpatient admission. The identification of a nominated family worker (provided by the Social Worker) was developed to ensure that families and carers were able to access support and assistance in a timely manner.

In conjunction with this an information booklet was produced to be given to families on admission of their loved ones as a way of providing detailed, up to date information to better assist and improve the support family members received.

The information booklet was developed in conjunction with consumers, a paid carer representative and other eating disorder professionals.

This abstract was presented in the **Care in Inpatient and Community Settings** stream of the 2013 ANZAED Conference.

Published: 14 November 2013

doi:10.1186/2050-2974-1-S1-O13

**Cite this article as:** Roberts and Hamlin: Supporting families and carers during the inpatient admission. *Journal of Eating Disorders* 2013 **1** (Suppl 1):O13.

\* Correspondence: Michelle\_A\_Roberts@health.qld.gov.au  
Royal Brisbane and Women's Hospital, Australia

Submit your next manuscript to BioMed Central and take full advantage of:

- Convenient online submission
- Thorough peer review
- No space constraints or color figure charges
- Immediate publication on acceptance
- Inclusion in PubMed, CAS, Scopus and Google Scholar
- Research which is freely available for redistribution

Submit your manuscript at  
[www.biomedcentral.com/submit](http://www.biomedcentral.com/submit)

